

**WPHS Pre-CAS CREATIVITY Reflection Sheet**



The activity I carried out for this **CREATIVITY** event is:

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\_\_\_\_\_ **Total hours for this event.**

*(must turn in the "WP Pre-CAS Hours Log" Download from the WPHS Website)*

**My Evidence met the following Learning Objective (elaborate on how):** \_\_\_\_\_

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**What new skills/techniques have I learned and now I am able to:**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

**What was the biggest difficulty I faced while doing this activity?**

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**I overcame this difficulty by:**

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**What have I learned about myself from this difficulty?**

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**What would you do differently if you did this activity again?**

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**Identify your own strengths and areas where you need to improve**

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**Explain the commitment it took to complete your Pre-CAS experience**

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