Name: _____ Student Number : _____ Grade:_____

WPHS Pre-CAS Planning Sheet

This form MUST be completed for each Pre-CAS Event.
- A pre-CAS event is either a one-time, one day event, or a repeating event over a period of time.
- Classify the activity as (Creativity, Activity, and Service).
- ***If your Event is Service, you MUST complete the OCPS "Community Service Proposal Form".***
- ANY SUMMER hours count towards the previous school year and should be approved before the end of school.
- Remember you are shooting for approximately 20-25 hours of service each year and approximately 5 to 10 hours of C or A each year….9th and 10th grade

Name of Organization and Supervisor Name	
Brief Description of Activity/Event	
C – A – S Strand	*If your Event is Service, you MUST complete the OCPS "Community Service Proposal Form "*
Proposed Learning Outcomes *Lo 1? LO2? Etc….. see list below*	
Proposed Timeline *Is it a onetime event? Many events over time?*	
Identify any possible assistance you need, issues, and hurdles	

CAS Strands:
· **Creativity** - exploring and extending ideas leading to an original or interpretive product or performance
· **Activity** - physical exertion contributing to a healthy lifestyle
· **Service** - collaborative and reciprocal engagement with the community in response to an authentic need

CAS Learning Outcomes (LO):
- LO 1: Identify own Strengths and Develop Areas for Growth
- LO 2: Demonstrate How to Initiate and Plan CAS Experiences
- LO 3: Show Commitment and Perseverance in CAS Experiences
- LO 4: Demonstrate Engagement with Issues of Global Significance

Reflections: Download the form for the appropriate Strand (C-A-S). At the end of your activity, you will reflect on your experience.

**You will meet with your Pre-CAS advisor in to go over your COMPLETED planning sheet
Then, you can move forward with your Freshmen/Sophomore Pre-CAS.
If you want to start before your scheduled meeting, please email your advisor to set up an earlier meeting.