

WPHS Pre-CAS SERVICE Reflection Sheet



The **SERVICE** I performed for the school and/or wider community is:

_____ **Total hours for this event.**

(must turn in the "WP Pre-CAS Hours Log" Download from the WPHS Website)

My Evidence met the following Learning Objective (elaborate on how): _____

My service has helped others in the following ways:

1. _____
2. _____
3. _____

How has this service helped me improve my:

1. Ability to communicate with others

2. Awareness of others needs

What would you do differently if you did this activity again?

Identify your own strengths and areas where you need to improve

Explain the commitment it took to complete your Pre-CAS experience
