

## SENIOR AUTOBIOGRAPHY

Name

School Counselor

The role of your guidance counselor and teachers in preparing “Secondary School Reports” is to provide an overview of your academic and extracurricular achievement, as well as, some sense of your promise for further personal and intellectual growth. We need your help to provide college admissions officers a clear picture of what makes you, “you.” Please give us an honest evaluation of yourself by answering the following questions. Authenticity is imperative in college admissions. Be honest with yourself and with me, brag when necessary. If you need additional space for your response, feel free to attach a Word document as well.

1. What 5 adjectives describe you best?
2. What are some of your strengths?
3. What areas of your life are you working on improving? How are you making those changes?

4. Who is or has been a role model for you? Why?

5. What are you passionate about?

6. What are your academic interests? What would you like to major in college?

7. What do you think you can contribute to the college you attend?



12. What has been your most recent stimulating intellectual or academic experience?

13. How is the person who came to high school in 9<sup>th</sup> grade different from the person leaving in 12<sup>th</sup> grade?

14. What is one thing that you want the recipient of this letter to know about you? Is there anything else you would like for me to include in this letter?

15. Attach a resume including honors, awards, extracurricular activities and leadership experiences in high school.

Optional: Select one of the questions below and have fun with it.

1. What is your favorite song? Why?

2. If you were on the TV show Survivor, what one item would you bring with you and why?

3. What condiment/s would you put on a hot dog? Why?

4. What does the color orange mean to you?

Rate yourself in the following categories:

Academic Achievements

Originality

Leadership

Self Confidence

Reaction to Criticism

Sense of Responsibility

Commitment to Community

Respect for Teachers

